

General Safety Precautions

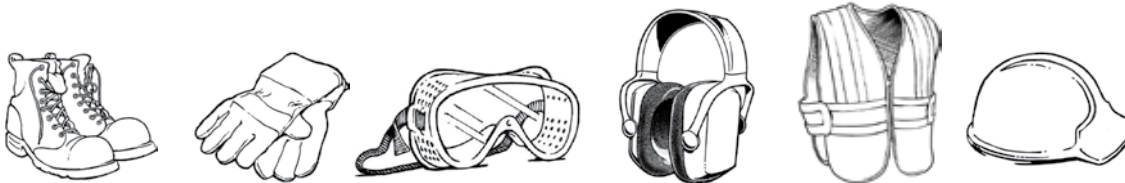
- Tell your supervisor about any health conditions you may have (diabetes, allergies, heart problems, asthma, etc.). This may save your life if you are unable to speak.



- Do not smoke while on the job and never work under the influence of alcohol or drugs.



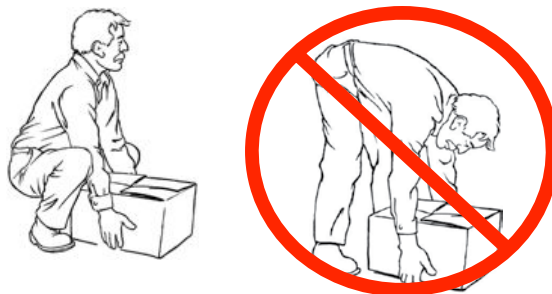
- Wear appropriate personal protective equipment (PPE) for every job performed.



- Protect yourself from harmful effects of the sun and heat. Wear a hat and use sunscreen. Drink plenty of water and take a break as needed.



- Use proper lifting techniques. Bend at the knees, place your hands under the object and straighten your knees to lift. Get help from co-workers with heavy objects.



- Learn to identify dangerous plants and animals.



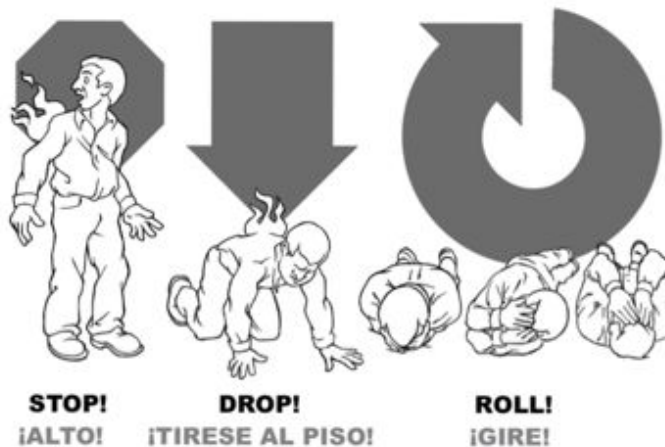
- Be aware of your surroundings and always look where you put your hands.



- Do not attempt to kill dangerous animals.



- Stop, drop and roll if your clothes catch on fire.



Company: _____

Crew number: _____

Supervisor: _____

Date: _____

Employees:

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