Starting Plants From Seed using Peat Pellets

1. Place your peat pellet in a small plastic cup, pot, or other container that holds water.

2. Add enough water to cover the pellet. Wait 10-15 minutes for the peat pellet to absorb the water.

3. With a pencil, loosen the top layer of peat in the center of the pellet. Sprinkle your lettuce seeds on top. Water gently.

4. Seeds will sprout in several days. Keep moist and place in a bright location.

5. When roots emerge from the outside of the pellet and there are several leaves on the plant, the lettuce can be transplanted into the garden. Lettuce can be planted outside in mid-fall and early spring.